**NW Personal Training Pricing.**

**A consultation can be arranged free of charge, so you can find out more and ask any questions!**

Face to Face Personal Training.

1 session per week charged monthly = £130

2 sessions per week charged monthly = £220 (30-pound discount)

Each block is 1 month which includes an hour session each week.

Additional sessions per week can be added for £20 (A £10 discount) if a monthly member.

Online Training Program

3x Sessions per week at £60 a month

4x Sessions per week at £80 a month

5x Sessions per week at £100 a month.

Personal training will reduce the monthly membership at the Altens Health club from £50 to £25 for full access of the health club for as long as you receive personal training.

Bank Details.

NWPersonaltraining

87-34-54

00017833